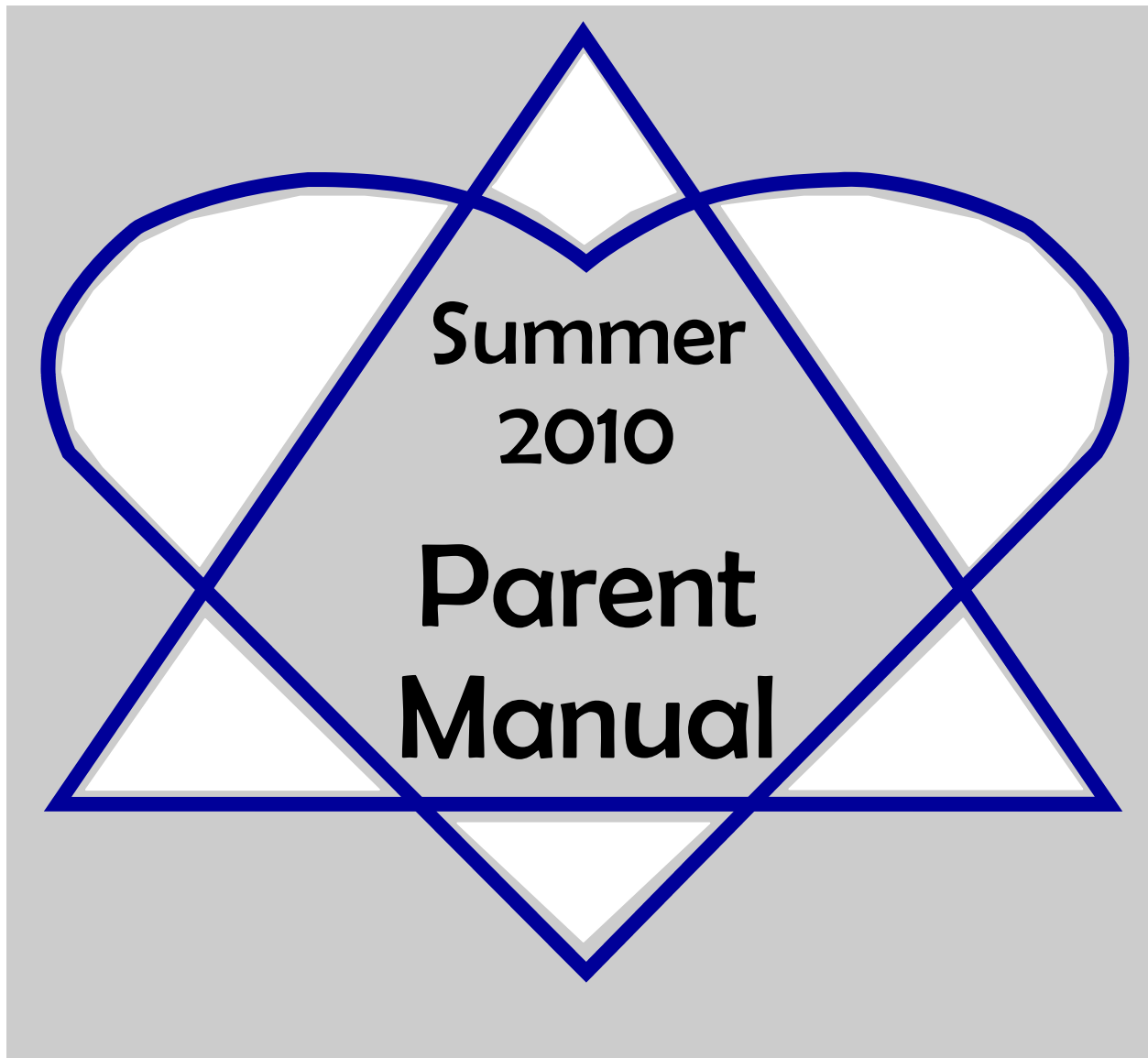


Camp Charles Pearlstein



Contact Us!

Summer:

3400 Camp Pearlstein Road

Prescott, AZ 86303

Phone: (928) 778-0091

Fax: (928) 778-5938

Winter:

10460 N. 56th Street

Scottsdale, AZ 85253

Phone: (480) 951-0323

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Camp Charles Pearlstein
Summer 2010 Parent Manual

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Mission Statement

At Camp Charles Pearlstein we will share the responsibility of creating a positive community that builds friendships which evolve into a spiritual family. We will foster a proud Jewish community by creating an open atmosphere of the exploration of Judaism through concrete applications, culminating in a greater understanding and appreciation of our Jewish heritage. In this supportive environment camp will allow for self discovery because campers and staff can challenge themselves and be who they truly are without inhibitions. This sense of belonging will allow campers and staff to honor and respect each other's differences, making every moment an extraordinary one. *Camp Charles Pearlstein... Be a part of Something Bigger.*

Written with love by
Camp Charles Pearlstein Staff

Welcome to the Camp Charles Pearlstein family!

We could not be more excited to have you! We have compiled this manual to answer some common questions and provide important information. If at any time you have questions or concerns please contact our Scottsdale office at **(480) 951-0323**.

Please read this information carefully, even if your child has been to camp before. Each year we learn from the last, which results in changes and improvements to our procedures. Your participation will help us to make this summer a great experience for your child. It is imperative that we have all the necessary information.

Camp Dates

Session 1/LTP Session 1: June 13 – July 6
Mini-Session Aleph: June 13 – June 27

Chalutzim: June 27 – July 6

Session 2/LTP Session 2: July 8 – August 1
Mini-Session Bet: July 8 – July 22

Entire Season/LTP Entire Season:
June 13 – August 1

Camp Life

Camp is a communal living experience. The success of this system depends on the cooperation and involvement of all participants. Every effort is made to establish a positive atmosphere and to inspire constructive behavior among both campers and staff. **Campers may be sent home from camp if they behave in ways that are detrimental to the camp community.** Individuals must act as responsible members of the Camp *kahal* for the well being of everyone.

As part of this process, Campers are expected to contribute to the overall cleanliness and appearance of their cabins and the camp as a whole. They will participate in daily tidying of their own belongings (making their beds, putting away clothing), their cabins (sweeping, removing trash), and a common use area (sweeping porches, picking up trash). Don't worry... we leave the bathrooms to the pros.

With whom will my child be living?

Children are assigned to cabins according to gender and school grade. This is a standard Camp practice due to social, physiological, and psychological development. We are happy to accommodate most cabin requests for same grade and same gender children. For those with siblings or friends in other age groups, ample time is provided for visiting and participating in mixed-group and all-camp programs. Each cabin has up to 12 campers with 2 or 3 staff members.

What are the expectations of staff members and how are they trained?

The Camp Charles Pearlstein staff is comprised of approximately 50 young Jewish adults from all over the United States and beyond. They are screened carefully for their maturity, good judgement, kindness, and commitment to Jewish education. Most are either returning staff members or were once campers at CCP. For one week prior to campers' arrival, there is an intensive staff training period where camp leaders and experts from the community at large cover a variety of relevant topics such as homesickness, bullying, first aid and CPR, child development, child abuse, and ADD/ADHD. Staff are also trained and well rehearsed in our emergency evacuation procedures.

Throughout the summer, staff members are supervised very closely by the CCP Leadership Team. During daily staff meetings, we address staff members' concerns and help them with difficult issues. We maintain an open and caring environment where campers are encouraged to communicate openly with their counselors and with the leadership staff. Please help us by encouraging your camper to be open and communicative with the staff.

What is the Canteen (*Shouk*)?

Canteen (*Shouk*) is a camp store where campers can get sundries and incidental needs as well as a variety of wearable items. A limited amount of candy and soda is also available in place of the provided snack three days a week. Campers are granted a fixed amount for canteen, which is

included in the fees. Any charge above and beyond this initial amount requires prior approval by parents. Any remaining balance at the end of a session is used for camp scholarships the following summer.

What is the weather like at Camp?

CCP is located at an elevation of approximately 6300 feet. Daytime temperatures usually range from the mid-80's to the mid-90's. Nights are cool, from the 50's and 60's. Prescott temperatures are typically 20-25 degrees cooler than the temperatures in Phoenix or Tucson, but weather patterns are similar. Sweatshirts are usually sufficient for outdoor evening activities.

What is a typical day at CCP?

7:30am	Boker Tov!	Wake up to music from 88.9, KCCP the Camp Radio Station.
8:00	Flag-raising	A fun CCP tradition! Led by a different cabin each morning.
8:15	Breakfast	Includes a daily entrée (eggs, French toast), variety of dry cereals, juices, and fresh fruit.
9:00	Camp Clean-up	Campers clean up their cabins and common areas around Camp.
9:30	<i>Shiur</i>	Daily interactive program around our summer-long educational theme.
10:30	Cabin Activity Aleph	A cabin activity may be any of our wide variety of activities, such as sports, arts & crafts, drama, mountain biking, photography...
11:30	Haggigah	A week-long choice activity designed for fun and learning a new, interesting skill (like juggling or magic!).
12:30pm	Lunch	Features kid-friendly, yet nutritious menus, along with a large salad bar (and pb&j every day just in case!).
1:30	Rest Hour (<i>Menucha</i>)	Quiet time in cabins writing letters, reading, or just, well, resting!
2:30	Chugim	A session-long choice activity designed for campers to master activities they really enjoy.
3:15	Cabin Activity Bet	... canoeing, indoor rock wall, ropes course, video production, horseback riding, archery, <i>teva</i> (nature), and so much more!
4:15	Cabin Activity Gimel	
5:15	Chofesh	An hour of supervised free time to use for a shower or additional rest.
6:00	Dinner	Features a variety of entrees (different each day) with daily salad bar and dessert.
7:15	T'fillah	Short service led by campers (a different group each evening).
8:00	Evening Program	Creative, interactive, and fun program that takes place by unit or with the entire camp. Themes may include current events, Jewish history, or Israel. May also be fun and silly like a dance or game show.
9:00-10:00	Laila Tov!	Lights-out depends on age and length of the evening program.

Judaism at Camp

While at camp, campers are immersed in a Jewish environment with peers. This is where we believe seeds are planted and roots strengthened for lifelong Jewish learning. The moment their camp experiences begin, campers and staff know that they are forever a part of something bigger. Under the direction of our Rabbis Stephen Kahn and Rony Keller, as well as Cantor Jaime Shpall, and with input from clergy throughout the region, we work all year to develop cutting-edge curricula, focused on active participation. We aim to provide everyone at camp with a true sense of connection to Judaism. Every Shabbat, our majestic outdoor chapel provides the ideal backdrop for spiritual exploration unique to the CCP experience.

We are very proud of the dynamic Judaic program we create for our campers. Blessings are recited before and after each meal. Theme programs are interactive and thought provoking and are led by our Judaic Educator or visiting Rabbi. Each evening, T'fillah is led by a different cabin group. Our Shabbat program brings the Sabbath to life for our community, and includes a special dinner, services under the stars in our beautiful outdoor chapel, and Israeli Dancing.

Forms

What is the purpose of all of these forms?

The information you provide by filling out these forms in their entirety gives us the tools to be able to respond to your child's individual needs. **EVEN IF YOUR CHILD HAS BEEN TO CAMP BEFORE, IT IS ESSENTIAL THAT YOU COMPLETE THE FORMS, AS MANY OF OUR STAFF ARE DIFFERENT YEAR TO YEAR.** Some parents hesitate to provide us with personal information about their child's behavior or past experiences. They may be concerned that the information will be misused or cause a child to be singled out or treated differently. We appreciate these concerns, but please know how invaluable such information can be in assisting us to help your child make a smooth and happy adjustment to camp. Having prior knowledge about a learning difficulty, ADHD, a bed-wetting problem, recent loss, or major life change makes a tremendous difference in enabling us to be sensitive to your child's need for extra patience, understanding, or reassurance, especially in the first few days of camp when he or she is just getting acclimated. Each form is reviewed by only those staff members who will work directly with your child. Otherwise, the information is kept in strict confidence. Finally, in order to review each camper's forms as thoroughly as we need to in preparation for the summer, please return completed forms as soon as possible. **Forms are due NO LATER THAN MAY 1, 2010.**

Why do you need a picture of my child?

An up-to-date photo of your child provides our staff the ability to place a face with a name. It can be very comforting on a child's first day of camp when his or her counselor recognizes him or her at the moment he or she walks off the bus. If you did not send a recent photo of your child with your registration form, please attach one to the Parent Data Form.

Medical Information

Does my child need a medical examination?

YES, the American Camping Association (our accrediting body) requires that all campers have medical exams within 12 months of camp arrival. The medical form must be completed and signed **annually** by your family physician and also signed by the parent or guardian. The medical form in addition to all other forms must be completed by **MAY 1, 2010**. Without exception, no camper is permitted at Camp without a completed medical form. **All campers must have a completed medical form in order to board the bus to Camp.**

What if my child becomes hurt or ill while at camp?

If your child does not feel well, he or she may stay a night or two in the infirmary. We have found this is best for the child and the Camp. *We will contact you for any stay longer than 24 hours.* If your child requires a trip to the doctor or hospital, we will contact you before and after. If we are unable to reach you, we will contact the person you designate on the Medical Form as your emergency contact.

What will I do with my child's medication(s)?

All medications will be collected prior to departure for Camp. Please be sure that each medication is clearly and appropriately labeled and contains a sufficient supply for your child's stay. Instructions for medications need to include **DOSAGE, TIME OF DAY** to be taken, and if it is to be given at the **NURSE'S DISCRETION** or on a **ROUTINE BASIS**. Medication must be in its **ORIGINAL PACKAGING**. Medications in homemade containers will not be dispensed.

The nurse at the Camp Health Center (*Mearpa'ah*) will be responsible for storing and administering all medications. **No one is allowed to keep any medication in his or her possession (with the exception of asthmatic inhalers).** Campers may keep inhalers with them in their cabins as long as an extra, spare inhaler is kept in the *Mearpa'ah*. Any medication packed away in a child's luggage will need to be brought to the *Mearpa'ah* on the first day of Camp.

What about over-the-counter medications?

The *Mearpa'ah* keeps a sufficient supply of most over-the-counter medications. Pain relievers, cough and sore throat medication, eye drops, and vitamins, are all part of our inventory. They are available, as needed, through the *Mearpa'ah*. **PLEASE DO NOT SEND OVER-THE-COUNTER MEDICATIONS** unless your child takes one on a routine basis (i.e., daily, twice daily).

What are the medical facilities like?

Camp Charles Pearlstein maintains a well-equipped modern Health Center (*Mearpa'ah*) with at least one Registered Nurse on duty at all times. Staff and campers who become ill or suffer an injury while at Camp may be housed in the *Mearpa'ah* if necessary. The facility includes sleeping accommodations, isolation rooms, an examination room, bathrooms, a shower, and a bathtub.

We also maintain a 24-hour-a-day, 7-day-a-week on-call relationship with doctors in Prescott. Yavapai Regional Medical Center is also only minutes from Camp for an emergency or urgent care situation.

What about allergy shots?

Physicians in Prescott will be able to give allergy shots. Please send individual dosages to equal the number of shots required. A fee will be charged for each shot, payable to the physician in advance.

What if my child needs medical treatment outside of camp?

In the event that we must call upon a physician in Prescott, payment must be made **at the time services are rendered**. Please fill out the page of the Medical Form with your credit card number. It will only be used for medical expenses. Our doctors will not administer care without payment. **WE MUST HAVE YOUR CREDIT CARD NUMBER ON FILE.**

What about medical insurance?

Parents or guardians are **REQUIRED** to provide primary medical coverage for children attending Camp. Should your child require medical attention, and if the doctor's office will accept your insurance policy, we will submit your insurance information to the doctor, hospital, or pharmacy, and have the bill sent directly to you or your insurance company.

"Things and Stuff" (*packing*)

What "stuff" should my child bring to camp?

Please take time and care in choosing what your child brings to Camp, and allow your child to assist you in packing so that he or she will be familiar with the contents of his or her luggage. Camp is a place for old clothes and costume jewelry. Please do not send anything that cannot get lost, broken or dirty. **CAMP CHARLES PEARLSTEIN IS NOT RESPONSIBLE FOR DAMAGED, LOST, OR STOLEN PERSONAL ITEMS.**

Please review the Packing Worksheet, which includes specific packing guidelines. We recommend that you keep one copy of the list at home and send another with your child to be used as a checklist for end-of-session packing.

SHABBAT AT CAMP is the most special part of our week. The spirit, togetherness, and warm feelings generated are unlike any your child will experience during the year. Shabbat is a time when we request that everyone come to dinner clean and dressed appropriately in **BLUE AND WHITE CLOTHING**. We ask that campers bring Shabbat clothes that are simple and tasteful. In addition they should be warm enough for our outdoor services following dinner. Clean, collared shirts, jeans without rips or holes, jean dresses and casual slacks are very appropriate.

There will be several **THEMED EVENTS** and **WACKY PERFORMANCES** throughout the summer. Your child is encouraged to bring costumes, wild hats, or any silly clothing to share with others. This will only enhance his or her camp experience. You will receive detailed information about specific themes, etc. as the summer approaches.

What "stuff" should my child NOT bring to camp?

Many items are not appropriate for a camp setting, such as...

- **ELECTRONIC EQUIPMENT:** communication devices such as **CELLULAR PHONES, LAPTOP COMPUTERS**, PDAs, and pagers **are not** allowed and will be confiscated until the end of your child's stay. We discourage sending Gameboys or other personal video games, as well as personal music players. These items may **only** be used within the camper's cabin according to guidelines set up by the counselors. If electronic equipment is not used according to the guidelines set forth by the counselors, it may be confiscated as well. Please clearly label all equipment and supplies with your child's name. These items are not permitted around the camp grounds.
- **HIGH VALUE ITEMS** such as expensive watches, jewelry, and cameras.
- Clothing that is **DELICATE, NEW** or **VALUABLE**.
- Clothing that is **REVEALING** or that contains **PICTURES OR SLOGANS** advocating the use of **CIGARETTES, ALCOHOL, OR DRUGS**.

- Tobacco products, alcoholic beverages, non-prescription drugs. **Any child that arrives at camp with these items may be sent home immediately.** No camper (including Ozrim), **REGARDLESS OF AGE**, is allowed to smoke at Camp Charles Pearlstein.
- Items such as **FIREWORKS, SPARKLERS, or MATCHES** are strictly prohibited and will be confiscated.
- **KNIVES, AXES** or other sharp instruments are also prohibited.
- Please do not send **MONEY**. Unless your child will be attending an extended, out-of-camp trip (LTP campers, Ozrim), there is no need for money.
- **HIGH-HEELED AND PLATFORM SANDALS** are not appropriate for Camp due to the rough, hilly terrain. Please do not send them.

How should I mark my child's "stuff"?

Please label everything that your child brings to camp with his or her **FULL NAME**. The easiest markers for clothing are indelible ink labels. Please make sure you mark all of your child's belongings and make sure that the labels are legible.

How should I send the "stuff"?

Please do not send trunks. Space at Camp is very limited, and all luggage is stored away. We request that you use **DUFFEL BAGS** or **SOFT SUITCASES** since they are easily stored when empty. Two (2) duffel bags or suitcases should be more than sufficient to fit all that is needed. All luggage should be clearly and securely marked with your child's name.

What about washing the "stuff"?

Camp uses a laundry service in Prescott which is provided to you at no additional charge. Laundry will be provided once during a 10-day session, twice during a two-week session, and three times during a three ½ -week session. Please keep in mind that our laundry service is a bulk laundry business and items have a tendency to shrink, discolor and even wind up in someone else's laundry bag. **CAMP CHARLES PEARLSTEIN IS NOT RESPONSIBLE FOR ITEMS LOST OR DAMAGED BY THE LAUNDRY SERVICE.** Again, please make sure all clothing is marked with your child's full name. Also, please provide **TWO (2) LAUNDRY BAGS** marked, in large letters, with your child's name.

What if my child loses "stuff"?

Lost items that are found throughout the summer are often turned in to the Camp office. We will regularly redistribute returned items to their owners during lunch. Any items not claimed by the end of the Camp season will be kept at the Congregation Beth Israel Camp office until September 1st at which time they will be given to a charitable organization.

Do I send special "stuff" with my LTP (9th or 10th - grade) or Ozrim (11th - grade) camper?

Yes. Each LTP and Ozrim Camper will take a 4 or 5-day adventure trip. Each camper will need between \$30.00 - \$50.00 for snacks and souvenirs. A small duffel bag/backpack, water bottle/canteen and good hiking shoes will be needed. A more specific letter will be sent to LTP and Ozrim parents and campers closer to the summer with details about their trips.

Communication

How often should I write?

AS OFTEN AS YOU CAN!

Campers and staff alike (even camp directors) love to get mail! Please address all mail to:

Camper's Name
Camp Charles Pearlstein
3400 Camp Pearlstein Road
Prescott, Arizona 86303

Please be positive, cheerful and encouraging in all of your letters. If possible, please delay bad news until your child returns home. Please inform the Camp administration of any problems at home so that we may help the child get through them.

Three helpful hints...

- When you miss your child, please do not show it in your letters - your child may feel guilty and want to come home to cheer you up.
- When you are finished packing with your child's help, hide a letter in his or her luggage to find while unpacking. It will get the summer off to a great start!
- Send a few letters a couple of days before camp so mail is waiting when your child arrives.

How often will my child write?

Campers are encouraged to write home at least twice a week. Occasionally, they are required to bring letters written home to meals. Every now and then, a camper will slip by without a letter, or with a letter written to a friend or other relative. Please do not assume there is something wrong if you do not hear from your child. **IF SOMETHING IS WRONG, WE WILL CONTACT YOU.** Please inform the Camp administration if you are not receiving any mail, and we will do what we can to remedy the situation. In addition, please be aware that with many camps in the area around Prescott, there is a very large increase in the amount of mail flowing through the local post office, which causes outgoing mail to be slower at times.

May I send care packages?

YES! Campers love receiving care packages filled with books, comics, games, and pictures, but please **do not send food**. Any package you send to your child will be opened (by the child) in the camp office in the presence of staff and any food, candy, soft drinks, etc. **WILL BE**

CONFISCATED. THIS POLICY IS STRICTLY ENFORCED FOR ALL CAMPER, IN ALL AGE GROUPS. Food in the cabins may attract undesirable insects and critters and also can promote disharmony among cabin-mates (please see provided brochures and website links for various suppliers of fun, creative camp packages that do not contain food).

May I speak to my child on the phone?

With very few exceptions, the answer is **no**. From years of experience we have found that phone calls only inhibit the progress of a camper that is having difficulty adjusting to camp.

The administrative staff will do their best to address any questions you may have regarding your child's stay. Should you need any information, please do not hesitate to call the Camp office during the summer at (928) 778-0091. The staff can relay any information to your child. If you cannot reach the Camp office, please call the Camp office in Scottsdale at (480) 951-0323 and a message can be relayed to Camp.

What about fax and e-mail?

We contract with an outside vendor (Bunk One) to provide e-mail service for our camp parents. Through this service, you are able to access stories and news articles about camp, view a camp photo gallery and one-way e-mail directly to your child (your child will be able to respond only by mail). You will also be able to order your favorite pictures and other products on-line.

Faxes can be received by the Camp office (Fax #928-778-5938), but please send them only during **non-business** hours (5 pm -9 am). Campers will not have access to outgoing e-mails or faxes unless an urgent need arises.

What if I am going out of town while my child is at Camp?

If you plan to be away on vacation while your child is at Camp, please provide us with a detailed written itinerary (using the Parent Data Form provided) and contact information so we will be able to reach you in case of an emergency.

May I visit my child at camp?

We are very sorry, but **we do not allow any visitors at camp.** We find that children have more successful camp experiences if their stays are uninterrupted by family visits. Even if your child would not be affected by a visit, other children at the camp may be impacted. Visitors' days create major disruption to the normal flow of the campers' experiences, causing campers to go from being happy and well-adjusted to severely homesick. Write often, but please do not plan on visiting Camp Charles Pearlstein this summer. If you are interested in seeing our beautiful facility and majestic setting, please attend our **OPEN HOUSE, SCHEDULED FOR APRIL 4, 2010.**

What if my child is staying for the entire season?

The day between Session 1 and Session 2 is a quiet day and a day off for most staff. Therefore, we request that you arrange to spend the time (two nights and one day) between sessions with your child either at home (he or she may take the Camp bus) or in Prescott. (Pick-up at Camp on the last day of session 1 is between 2:30pm and 3:00pm, and drop-off on the first day of session 2 is between 11:00 and 11:30am). If you are not available, you may make arrangements for your child to spend the time with a friend's family. If neither of the above options works for you, *please contact the camp office to make arrangements*. Please let us know your inter-session plans by *May 1st* (using the Parent Data Form provided) so we can arrange to have the appropriate number of staff available if necessary.

What if my child wants to extend his or her stay?

Often, campers desire to extend their stays beyond their original scheduled enrollments. If your child requests a longer stay, a staff member will call home Monday thru Wednesday during the last week of the session, prior to the camper's scheduled departure, to obtain parental permission. If space is available, and you grant permission for your child to remain at Camp, we will make all of the necessary arrangements with the Congregation Beth Israel office.

Transportation

TIMING FOR THE BELOW TRANSPORTATION SCHEDULES ARE THE SAME FOR EACH SESSION'S DEPARTURE AND ARRIVAL DATES.

Tucson

Departing campers must be at the Tucson Jewish Community Center rear parking lot (River Road Entrance), **no later than 6:15 am** for registration and check-in. **The bus will leave when check-in is complete and no later than 7:00am. Buses WILL NOT BE HELD FOR LATE ARRIVALS.** Please pack snacks for your child for the bus ride, as we will not be eating lunch for several hours after our departure from Tucson.

Returning campers will arrive at the JCC rear parking lot at approximately 7:00pm. Dinner will be provided on the bus for Tucson campers for the trip home.

We will contact you with any schedule changes. For up-to-date information, you may call the Congregation Beth Israel office at (480) 951-0323 x103 on the day of scheduled arrival for a recorded message or you may check our web-site.

Phoenix

Departing campers must be at the Congregation Beth Israel parking lot, 10460 North 56th Street (corner of 56th Street and Shea Blvd. in Scottsdale) **no later than 8:30 am** for registration and check-in. The bus will leave promptly when check-in is complete and no later than 10:00am. Buses **WILL NOT BE HELD FOR LATE ARRIVALS.**

Returning buses will arrive at the Congregation Beth Israel parking lot at approximately 4:30pm.

We will contact you with any schedule changes. For up-to-date information, you may call the Congregation office at (480) 951-0323 x 103 on the day of scheduled arrival for a recorded message or you may check our web-site.

Other Cities/States

The requested airport for campers arriving from out-of-state is Phoenix Sky Harbor Airport. Arrangements for campers arriving at the airport need to be coordinated through the Camp Office at Congregation Beth Israel, **(480) 951-0323**. A representative from the Camp will meet incoming campers at their designated gates. We will contact you at least 3 days prior to your child's departure date to give you the name of the CCP representative for purposes of unaccompanied minor pick-up issues.

FLIGHT INFORMATION MUST BE RECEIVED IN THE CAMP OFFICE BY MAY 1ST. All return plane tickets will be collected by our representative upon arrival in Phoenix. If

campers are flying through a connecting airport, they must have pocket money to cover any costs before they arrive in Phoenix.

With increased security and processing time in the airport we request that luggage is sent ahead of time via UPS or other shipping company. Arrangements should also be made to have the luggage picked up at the end of the session.

Requested flight times...

- Please schedule arriving flights to arrive in Phoenix between the hours of 6:30am and 8:00am on the first day of your child's session.
- Please schedule returning flights to depart Phoenix between the hours of 6:00pm and 7:00pm on the last day of the session.

May I drive my child to camp?

No. All children, except those from areas outside of the Tucson and Phoenix metro areas must take the Camp's provided transportation. The bus ride to Camp is the beginning of the camping experience, and gives campers an opportunity to get in the spirit (*ruach*) of CCP and get acquainted with fellow campers. They also have a chance to meet staff who will be riding the bus.

If you live outside of Phoenix or Tucson and plan to drive your child to Camp, you must be notify us **NO LATER THAN MAY 1ST**.

Campers being driven need to arrive at Camp (please see directions on our website) between the hours of 11:00am and 11:30am on their scheduled arrival dates to avoid conflicts with arriving busses. Parents must **CHECK-IN** at the Camp office or designated check-in area. Please pick-up your child between 2:30pm and 3:00pm on your scheduled departure date. Parents must also **CHECK-OUT** at the camp office.