

Welcome to CCP Staff of 2010 !

Camp Dates

Staff Training: June 6 – June 13

Session I: June 13 – July 6

Session II: July 8 – August 1

Mission Statement

At Camp Charles Pearlstein we will share the responsibility of creating a positive community that builds friendships which evolve into a spiritual family. We will foster a proud Jewish community by creating an open atmosphere of the exploration of Judaism through concrete applications, culminating in a greater understanding and appreciation of our Jewish heritage. In this supportive environment camp will allow for self discovery because campers and staff can challenge themselves and be who they truly are without inhibitions. This sense of belonging will allow campers and staff to honor and respect each other's differences, making every moment an extraordinary one. A summer of extraordinary moments will make Camp Charles Pearlstein the standard of fun for a lifetime.

Written with love
By the staff of Camp Charles Pearlstein

PREPARING FOR CAMP LIFE

There is no better place to spend your summer than Camp Charles Pearlstein. We work all year to make camp fun for campers as well as staff. We want you to forever feel that you are "a part of something bigger," and we believe that this is possible if you are well prepared for the experience. The following are just some general thoughts about life at camp...

1. If you are used to staying up late and getting up even later, alter your schedule the week before camp to get used to getting up early and abiding by a curfew at night.
2. Camp is a communal living experience, be ready to share
3. All 200 of us eat meals in one place, at one time. It is not exactly a quiet dining experience.
4. The food is good for serving 200 at a time, but don't expect mom's cooking or your favorite local restaurant food. We always try to provide choices (salad bars, etc) and have a kid friendly menu, but you can't please everyone all the time.
5. If you have questions, concerns, issues, etc don't be afraid to voice them before, during and after camp.
6. Be prepared to be a positive role model
7. Be a kid at heart, and you'll enjoy camp more (and probably life as well).

PACKING

What should I bring to Camp?

Please take time and care in choosing what you will bring to camp. Consider the range of activities and weather when selecting what to bring. It almost goes without saying, but camp is a place for old clothes. **Camp Charles Pearlstein is not responsible for clothing or other personal items that may be damaged, lost or stolen. DO NOT BRING ANYTHING OF GREAT VALUE!!!**

How do I know what specifically to bring ?

Included with this manual is a copy of our **Packing List** which includes recommended items, and how many of each to bring. This is the same form given to campers. Please use it as a guideline, but please note that it is geared to a three-week stay.

Some of our programs involve themes that require costumes and creativity on the part of our campers and staff. Nothing needs to be lavish or purchased specially; it just might be nice to have these. Expect to dress 50's, 60's, 70's or 80's, Hawaiian, Patriotic (for 4th of July), Western, Superhero, or Israeli. You may also find a use for silly hats, masks, wigs, etc.

What are the most important items?

The opportunities before you are tremendous. As a staff member, you will have the chance to influence and impact children in a very positive way. Camp is a dynamic, structured environment, so please bring the following essential items:

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|----------------------|------------------|------------------------|
| ** Alarm Clock/Radio | ** A watch | ** Good sneakers |
| ** Creativity | ** Lots of ideas | ** A positive attitude |
| ** Enthusiasm | ** Clipboard | ** A big smile |

Shabbat at Camp... A Tradition Continues

Camp Charles Pearlstein Shabbat traditions are a special part of camp. The spirit, togetherness, and warm feelings generated are magnificent. Shabbat is a time when we request that everyone come to dinner clean and appropriately dressed, and we would like to continue the Camp Pearlstein tradition of everyone dressing in **WHITE AND/OR BLUE CLOTHING**. As role models, it is important that staff maintain this tradition by setting an example.

In an effort to promote harmony and equality, we request that staff and campers bring Shabbat clothes that are simple and tasteful. Please do your best to avoid Shabbat becoming a fashion show. Neat jeans, jean-skirts, etc. are great. We are going to insist that staff and campers dress for Shabbat and stay in those clothes until bedtime. No one will be allowed to change after dinner. We need to show our chapel the same respect we show at dinner.

How is the Weather?

Camp Pearlstein is located at an elevation of approximately 6300 feet. Daytime temperatures usually range from the low 80's to the mid 90's. Nights cool to the 50's and 60's. Prescott temperatures are usually 20-25 degrees cooler than Phoenix temperatures with similar weather patterns.

Should I mark my clothes with my name?

You may find this hard to believe, but staff members lose their belongings as often as campers. That's right, you too might lose something at camp. Therefore, we strongly urge you to label **EVERYTHING** you bring to camp with your **FULL NAME**. This helps to facilitate the return of lost items.

What about laundry?

You may utilize the camp's laundry service at no charge to you, or you may choose to do your own laundry on your days off. CAMP CHARLES PEARLSTEIN IS NOT RESPONSIBLE FOR ARTICLES LOST OR DAMAGED BY THE LAUNDRY SERVICE.

What type of luggage should I use?

Space at camp is limited, and luggage is stored away after you've unpacked. We ask that you use duffel bags or soft suitcases since they are easier to handle and take less space to store. There is plenty of storage space at camp for your belongings once you unpack. Two (2) bags or suitcases should be sufficient to fit all that is needed. Please make sure that your luggage is visibly marked with your name and address.

Are there any specific items NOT allowed at camp?

YES!!! Items such as fireworks, sparklers, matches, lighters, knives, guns and any other weapons are prohibited. Periodicals and other reading materials that are inappropriate for children will be confiscated. Please do not bring them. Please do not bring clothing that references or advertises cigarettes, alcohol, and/or illegal drugs. Finally, **DRUGS AND ALCOHOL HAVE NO PLACE AT CAMP CHARLES PEARLSTEIN. DO NOT BRING THEM!!**

MEDICAL INFORMATION

Do I really need a Medical Examination?

YES, it is required by the American Camp Association, in addition to being a sound practice to have everyone examined by a physician prior to attending camp. The medical form you received needs to be completed and signed by you (and your parents if you are under 18 years of age) and your physician. If you have had a physical within the past 12 months, then you may have your doctor complete and sign the form without an examination. Everyone **MUST** have a signed and completed medical form turned in prior to arrival at camp.

How are the Medical Facilities?

Camp Charles Pearlstein maintains a well-equipped modern Infirmary (*Mearpa'ah*) with a Registered Nurse on duty at all times. Staff and campers who may become ill or suffer an injury while at camp will be housed in the Mearpa'ah if necessary. The facility includes sleeping accommodations, isolation rooms, an examination room, bathrooms, and a shower.

We also maintain a 24-hour-a-day, 7-day-a-week on-call relationship with doctors in Prescott. Yavapai Regional Medical Center is also only minutes from camp for an emergency or urgent care situation.

What do I do with my Medication(s)?

The nurse at the camp infirmary (*Mearpa'ah*) will be responsible for storing and administering ALL medications. **NO ONE**, including non-cabin staff, will be allowed to keep any medication (with the exception of asthma inhalers) in their own possession. We do this to protect you and the campers from any potential accidents.

What about over-the-counter medication such as aspirin, cough drops, etc.?

The camp Mearpa'ah keeps a sufficient supply of most common over-the-counter medications. Pain relievers, cough and sore throat medication, eye drops, vitamins, etc. are all part of our stock. They are available, as needed, through the nurse.

What about medical services outside of camp?

In the event that we must call upon physicians in Prescott, payment must be made at the time services are rendered. **PLEASE INCLUDE YOUR INSURANCE INFORMATION AND EITHER YOUR PARENTS' OR YOUR OWN CREDIT CARD ON THE HEALTH FORM. IT WILL ONLY BE USED FOR MEDICAL EXPENSES. OUR DOCTORS WILL NOT ADMINISTER CARE WITHOUT THIS FORM OF PROMPT PAYMENT.**

What about Medical Insurance?

ALL STAFF MEMBERS ARE REQUIRED TO PROVIDE PRIMARY MEDICAL COVERAGE. Camp Charles Pearlstein carries Workman's Compensation if you should get injured on the job. If you require medical attention for an illness or injury which is not job-related, we will submit your insurance carrier number to the doctor, hospital, or pharmacy and have the bill sent directly to you or your insurance company.

COMMUNICATION

Mail

The camp's **NEW** (as of 2009) mailing address is:

**Camp Charles Pearlstein
3400 Camp Pearlstein Road
Prescott, Arizona 86303
(928) 778-0091**

Please inform family and friends not to send food. No one is allowed to have food in the cabins, including staff members. A great way to earn the respect of your campers is to lead by example. Please respect this rule.

Campers will be required to write home several times each week. Again, please lead by example by doing this yourself.

Phone Usage

The Camp has a telephone available to staff in the staff lounge. All long distance calls must be paid for by calling card, collect, or paid by a third party. Please be aware that cellular telephones will most likely not work up at camp. Camp policy forbids campers from using the telephone during their stay at camp. Therefore, if you do choose to bring a cellular phone, please keep it hidden from campers at all times, and please do not use it during the day. **CAMP CHARLES PEARLSTEIN RESERVES THE RIGHT TO STORE STAFF CELLULAR PHONES IN THE CAMP OFFICE IF THEY ARE MISUSED.**

Unless it is prearranged, or a family emergency, we do not allow staff to receive incoming phone calls during the day. The camp phone number is **(928) 778-0091**.

E-mail and the Internet

Camp has computers for staff use in the staff lounge. We will have internet service that will enable you to access your home email accounts. Computer use will be limited to evenings and your time off.

VISITORS

With rare exception granted only by the director, **we do not allow any visitors or guests at Camp**. Any visitors who appear without prior approval by the director will be asked to leave. If you wish to see family and friends during the summer, please arrange to meet them on your time off.

TRANSPORTATION

How do I get to Camp?

On the first day of staff orientation, **June 6, 2010**, everyone will meet in Scottsdale at Congregation Beth Israel 10460 N. 56th Street (at Shea Blvd) **at 1:15pm**. If you are coming to camp from Tucson or any other city we will provide transportation if necessary. From Congregation Beth Israel we will

caravan up to camp. People with cars please plan on giving rides if possible. We will have vans to bring people and extra luggage. Please let the camp office know your travel plans. Please complete and return the enclosed form ASAP.

Vehicles at Camp

We are limited on how many Staff vehicles we can accommodate at camp. Since many staff will be taking days off together and our parking space is limited, car privileges are on a first-come, first served basis. You must send back the enclosed form promptly so that we can process your parking pass request. **All staff bringing vehicles must provide the office with spare keys, so we will be able to move your car in the event of an emergency if you are not available. Keys need to be on a key ring labeled with the following: name, address, license plate number, and car description (make and model). You will also need to provide a copy of your car insurance.**

COMPENSATION

How and when do I get paid ?

For all program staff (counselors, specialists, administration, etc.), paydays are as follows: **July 6 and August 2**, or at the successful completion of your contracted term of employment.

In order to earn your final paycheck, you will be required to check out with your Unit Head (*Rosh Aydah*) and the Director. If the Rosh Aydah says your work is complete, your areas are clean, and you've completed a thorough evaluation, then you may get your paycheck from the Director. If you leave without checking out, your pay may be docked, and your check will be mailed with the appropriate amounts withheld.

For all support staff (kitchen, maintenance, hourly drivers, etc.), your paydays will be determined by the dates you begin working.

OUR SUMMER HEBREW VOCABULARY

A variety of Hebrew words are sprinkled into the summer vocabulary. Here is a list of the basic words used, so you can familiarize yourselves with them before the summer begins. By the end of the summer they will become as natural to you as the English words you use.

Office	Misrad
Dining Hall / Lodge	Moadoan
Pool	Breycha
Wellness Center	Mearpa'ah
House	Bayit
Educational Session	Sheor
Clubs	Chugim
Choice Activities	Haggigah
Services/Prayer	T'fillot
Night Patrol (O.D.)	Shmirah
Rest Hour	Menucha
Clean-up	Nikayon
Counselor (m)	Madrich
Counselor (f)	Madricha
Counselors	Madrichim
Camper (m)	Chanich
Camper (f)	Chanicha
Campers	Chanichim
Cabin	Tzrif
Cabins	Tzrifim
Breakfast	Aruchat Boker
Lunch	Aruchat Tzohorayim
Dinner	Arucaht Erev
Good Morning	Boker Tov
Good Evening	Erev Tov
Good Night	Laila Tov
Attention All Camp!	Hakshivou, Hakshivounah, kol Hamachaneh

MISCELANEOUS

What else can I do to prepare for camp?

- *** Be thinking of activities to do with your campers on their first day to help everyone to get to know each other.
- *** Look for programming resources for your cabin and unit such as songs, stories, games, and activities.
- *** Look for wacky, zany, crazy items to bring to camp such as costumes and decorations.
- *** Get ready for an exciting summer of fun, friendships, and memories.
- *** **BE WELL-RESTED!!!**
- *** Arrive at Temple Beth Israel at **1:15pm SHARP** on **SUNDAY, JUNE 6, 2010.**

SEE YOU THEN!!!!